

# **Apple Cinnamon Bars**

From the Kitchen of: Becky Draper

Number of Servings: 24

## **Ingredients**

3 cups whole-wheat flour

2 eggs

2 medium apples

1 cup water

1½ cups oatmeal

2 Tbsp. vegetable oil

3 tsp. cinnamon

## **Instructions:**

Preheat oven to 325 degrees.

In a bowl, combine all dry ingredients. Grate the apples (include the skins!!) and add to dry ingredients. Add oil, eggs, and water to dry ingredients. Mix well.

Place mixture into a greased 9 x 13 pan. Pack mixture in tightly. Use a knife to score the dough horizontally and vertically to make a grid of ¾" squares.

Bake at 325 degrees for 1 hour. Cool completely.

Remove from pan and break into squares along scored lines.